

# Emma Love Hardee Elementary Pirate Press

Volume 2

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## Clinic News

We strongly encourage parents, guardians, or caregivers to conduct daily home screenings in the morning before your child leaves for school. PLEASE review the Daily Home Screening for Students on page two of this newsletter.

If your child has been in close contact with a person who tested positive for COVID-19, they cannot come to school and will need to Quarantine for 14 days since exposure (even if they have no symptoms). Please call the school to let us know.

Any questions you may have, feel free to call the school.

## Lunch Menu

Interested in the school lunch menu? Visit <https://family.titank12.com/menu/6YP2NM?lang=English> to see what's for lunch!

## Special Thanks

Thank you to all who have made donations or pledges to support our school. These monies will go towards virtual/ in school-instructional supplies and resources, student/staff recognition and school safety supplies.

## Students of the Month



3rd:

- Jamal Bartley
- Lance Vaccarella
- George Moeller

4th:

- Katie Kozak
- Maya Kovalcik

5th:

- Diana Jayo
- Jackson Wallace

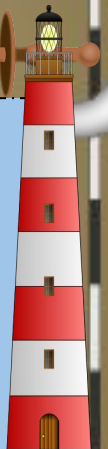
## Guidance News

Just Breathe: Mindfulness and Social Emotional Wellness

Numerous research studies demonstrate the positive and lasting benefits of practicing mindfulness with children. The website: Mindfulness for Children (<http://mindfulnessforchildren.org/research/>) states that "... Mindfulness Training for children increases attention and social emotional awareness" in addition to enhancing kindness, patience, compassion and a child's ability to manage their impulses. Mindfulness is bringing our attention to our thoughts and feelings without judgement.

#1-Feeling Check-In/How am I feeling right now?

#2-Mindful Breathing



## ELH Mission Statement:

Establishing a positive collaborative culture that promotes and fosters teaching and learning among the community of learners.

